



AIDS-RELATED COMMUNITY SERVICES

arcs News

ANNUAL REPORT 2010



Hudson Valley AIDS Walk Rebooted

After a year off to revamp and energize, the Hudson Valley AIDS Walk returns on Saturday, May 7, 2011 on the Walkway Over the Hudson from 10:00 am to 2:00 pm. The 2.5-mile walk kicks off simultaneously from either side of the Walkway, in either Highland or Poughkeepsie, so that the entire Hudson Valley can participate. This year's theme is "Walk Local First." Starbucks will be on hand with free coffee and petite pastries for everyone, and Stop & Shop will supply plenty of snacks.

Walkers can register by calling (914) 785-8283 or by going to www.firstgiving.com/arcs. Firstgiving offers multiple ways to collect donations



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ARCS Says Farewell to Two Beloved Retirees

Trina Hiemcke, Education Director, Retires After 24 Years of Service

February 18, 2011 marked the end of an era at ARCS when twenty-four year HIV prevention veteran Trina Hiemcke retired from her position as Education Director. Trina began her career with us in 1987 as an educator in the AIDS Prevention and Management program. She worked in Westchester methadone clinics counseling recovering substance users on ways to stay safe from HIV. She quickly advanced to the position of Education Director.



During her years of service, Trina spearheaded many initiatives within the community, including coalitions focused on HIV and domestic violence, gay men, and women. She coordinated dozens of conferences, World AIDS Day events and task forces, and was selected to sit on the New York State HIV Prevention Planning Group.

Trina's impact on HIV prevention in the Hudson Valley will be felt for a very long

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Hudson Valley AIDS Walk 2011

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online including email and Facebook integration. Walking is always more fun with a group, and teams are highly encouraged. Gather a group from your school, college, workplace, house of worship or family! Raise more than \$25 for an official tee shirt, and walkers who raise more than \$250 will become members of our Gold Crown Club. We're giving away great prizes, including Hudson Valley Renegades tickets, gift cards for Hannaford Supermarkets, Lowes and other local businesses.

Pre-Registration Parties

Drop off your AIDS Walk envelopes early and skip the registration line at the Walkway at our pre-registration parties. For Walkers east of the Hudson, we'll be collecting envelopes and handing out tee shirts at Babycakes Café in Poughkeepsie on Wednesday, May 4th from 6:00 to 11:00 pm co-hosted by Big Gay Hudson Valley. Walkers from Ulster and Orange counties can join us at Gunk Haus in Clintondale on Thursday, May 5th from 5:00 to 9:00 pm. Turn in your envelopes early and get a free "schatzie" chocolate pretzel treat! At each party, Starbucks will also be on hand with "Project (RED)" giveaways and the DJs



from Prephab will supply your favorite dance music.

After-Party

The festivities continue after the Walk with our after-party and dance at Orient, Poughkeepsie's hottest club. Grab lunch in town and then join us for our prize ceremony from 2:00 to 6:00 pm with a toast courtesy of Barefoot Wines and music by Prephab. (Don't worry, all ages are welcomed at this party!)

Listen to STAR 93.3 FM and WRWD 107.3, the official radio stations of the Hudson Valley AIDS Walk, for our public service announcements. This year's Walk is also sponsored by the Poughkeepsie Journal, Ulster Publishing, Hannaford, Cross Valley Health & Medicine, Diversified Investment Advisors, FastSigns of Wappingers, BigGay-HudsonValley.com, Superior Sounds, and Fischer & Williams Photographic Studios.

Unexpressed: A Valentine's Cabaret

In celebration of Valentine's Day, volunteer and AIDS Walk committee member



Left: Performer Todd Michael Thomas. Below left: keyboardist Jon Breitenbach. Center: Lindsay Roth and Ryan Judge. Right: Stephan Hengst and John Panzella. For videos of the show, go to YouTube and search for "funds4arcs."

Todd Michael Thomas of Poughkeepsie organized and performed a cabaret night at Chill Wine Bar in Beacon on Sunday, February 13, 2011. Dubbed "Unexpressed: In and Out of Love," the night featured Todd performing a selection of solo songs accompanied by Jon Breitenbach on keyboards. Chill's owners Jim Svetz and Patrick McKenna served wine and tapas to an audience of approximately fifty guests. We handed out door prizes donated by Bob Brink of Arlington Wine and Liquor, the Cay family, and Fat Franco's Pizza. Chill also donated a portion of the evening's proceeds to ARCS. This casual cabaret raised more than \$1,100 for this year's Hudson Valley AIDS Walk. Thank you to our performers, hosts and guests!

Dining Out for Life



On April 28, 2011 get ready to dine out and feel great as ARCS brings back Dining Out for Life to the Hudson Valley. Participating restaurants in the Mid-Hudson region will be donating up to 25% of their proceeds for the day to ARCS. All you have to do is choose a restaurant, make a reservation, and have a wonderful time enjoying delicious local cuisine created by local chefs!

Dining Out for Life is an international event held in over 50 locations each year, and ARCS joins an impressive array of HIV/AIDS service providers across the continent. Ted Allen from Food Network's "Chopped," and actress Pam Grier are helping to promote the event.

Some restaurants will be offering special items with 100% of the proceeds going to ARCS. You will be greeted by a Dining Out Ambassador at most locations, and we'll have opportunities to get in the running for great prizes like a trip for two to London with a three-night hotel stay courtesy of British Airways, dinner for two at Gigi's Trattoria in Rhinebeck, gift certificates to Crave in Poughkeepsie, local wines, and more. Prizes will be given at our official wrap-up party at Delafield's Restaurant in Poughkeepsie that evening from 9:30 to 11:00 pm with bar specials and complimentary dessert.

Visit www.diningoutforlife.com/hudson-valley for a complete and updated list of participating restaurants and make your reservations today! Dining Out for Life is sponsored by Mid-Hudson Subaru, British Airways, Hudson Valley Federal Credit Union, Valley Table, Big Gay Hudson Valley, GreenPeasTV.com, Cellit and Delafield's Restaurant.

Join us at Cosimo's in Poughkeepsie for our kick-off event on Thursday, April 21st from 5 to 7pm! Complimentary appetizers and cash bar. Visit www.arcs.org for more info.



Ted Allen, former "Queer Eye" foodie and star of Food Network's "Chopped" and Academy-award winning actress Pam Grier are DOFL's international hosts.

Participating Restaurants:

To find a restaurant near you, visit www.diningoutforlife.com/hudson-valley or text "DOFLHV" to 30364. You can also go to www.arcs.org for more information. Reservations are highly suggested.

ARCS Retirees

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time. Luckily, Trina will continue to volunteer for ARCS on our Charity Ball planning committee, and she plans to keep in touch.



Foundation Grants Associate, Ellen Weis Cooper, Also Retires

Ellen Weis Cooper did not have as public a role as Trina since she was often on her computer writing grants and reports to ARCS' foundation and corporate partners. However, Ellen had a significant impact on our food and nutrition programs until her retirement at the end of 2010. During her ten years of service, Ellen raised more than an estimated \$800,000 for ARCS' programs. She will also continue to serve ARCS on the Charity Ball committee.

Teen Collects Food, Loses Living Room

Not permanently, of course! On Friday, February 25, 2011, Danielle Klausner of Millwood came to ARCS with her family to gain back their living room after she initiated a huge food drive for our nutrition program. Her father David pulled their minivan up to the loading dock at ARCS' Hawthorne food pantry as a veritable army of kids poured out, ready to carry boxes and bags of non-perishable foods and toiletries through a cold rain.

Danielle's journey began weeks ago when she went in search of a community service project for her bat mitzvah. Her father David brought her to the Food Bank of Westchester, located in Millwood, for inspiration. While there, one of the Food Bank employees suggested that Danielle collect foods for a specific agency, and told the Klausners about ARCS. Soon Danielle was on a roll, collecting foods at her temple, in a drop box on their front porch, and in the neighborhood. Soon the donations took over a corner of their living room, then a couch, until the entire room looked like a food pantry itself!



Danielle (center) poses with her dad David and a smiling bunch of siblings and friends.

We are very grateful that Danielle chose ARCS as the recipient of foods from her community service project. Our THRIVES Nutrition program and emergency food closets constantly need additional resources, and Danielle's collection helped us fill the pantry. Danielle and her friends and siblings agreed to come back to volunteer with us in the near future.

Co-Ed Fraternity Donates AIDS Quilts



L-R: J.R. Cehonski from CANDLE; Melissa Peters, Vincent Vaillancourt, and Nicole Feller from Alpha Phi Omega; and LaShonda DeCosta from ARCS.

On February 15, 2011 members of Alpha Phi Omega, a co-ed service-oriented fraternity at St. Thomas Aquinas College in Sparkill, presented ARCS with one of two AIDS quilts. Alpha Phi Omega has set the standard for college campus-based volunteerism since 1925. With active chapters on over 350 campuses, members strive to develop leadership skills, experience friendship on many levels and provide service to others. The project was spearheaded by Vincent Vaillancourt, a St. Thomas Aquinas student.

The group donated another quilt panel to C.A.N.D.L.E., based in New City, NY, which seeks to prevent substance abuse and violence among youth. LaShonda DeCosta, Putnam/Rockland Program Supervisor, accepted the quilt for ARCS at the reception. The panel will hang proudly in our Spring Valley office for many years to come.

Want to donate to ARCS?

Visit www.arcs.org/donate.php for a list of our most-needed items as requested by our emergency food closets and our THRIVES nutrition program. Non-perishable foods, toiletries, laundry detergent and cleansers are always in high demand!

Prison Services

This winter, ARCS successfully applied for a new grant to provide an array of prevention and support services within the Sullivan correctional facilities hub. This new Prison Services Program (PSP) replaces our former prison and county jail services in the wake of shifting budget lines at the state level. PSP staff will leverage our existing P.A.C.E. (Prisoners' AIDS Counseling and Education) program, a peer prevention education model, to work with high-risk incarcerated men on reducing their risk for HIV, STIs and hepatitis C. Through a mix of support groups, testing, workshops and referrals, PSP's goal is to enhance inmates' knowledge and skills concerning risk behavior, reduce risky behaviors and the transmission of HIV, STIs and hepatitis C. Staffers will also support HIV-positive inmates being released to the community by offering transitional planning. The program began operating in February using existing staff.

Client Statistics

Fiscal Year Ended October 31, 2010

Total Unduplicated HIV+ Clients: 939

Lower Hudson: 52% **Mid-Hudson:** 48%

By Gender:

Female 47%
Male 53%

By Race:

African American: 50%
White: 25%
Hispanic/Latino: 24%
Other/Unknown: 1%

By Age:

13-19: 1%
20-29: 7%
30-39: 13%
40-49: 33%
50-59: 34%
60+: 12%

By Risk Category:

Heterosexual: 57%
IV Drug Use: 12%
Men Having Sex with Men: 18%
Perinatal Exposure: 1%
MSM/IDU: 2%
General Population 10%

Food Pantry Clients:

491

Transportation Rides (Bus and Taxi) Given:

12,601

New HIV+ Clients:

163

Support Groups:

17

Support Groups Clients:

562

Total Unduplicated Clients Served (HIV+ and HIV-):

2,369

HIV Tests Provided:

932

Upcoming Events

To learn more about these events, please visit www.arcs.org.

Sunday, April 10th - Drag Brunch

Join Trixie Starr, Ophelia Nightly and DJ John Martin at Gunk Haus in Clintondale, NY from 10 am to 2 pm. A portion of your bill benefits ARCS.

Thursday, April 14th - A Night Out at Vassar's Francis Lehman Loeb Museum

BigGayHudsonValley.com hosts an exclusive insider's peek at the newly renovated museum. Proceeds benefit the Hudson Valley AIDS Walk.

Thursday, April 21st - Dining Out Kick-Off

Raise a toast to our sponsors and volunteers at a cocktail reception with free appetizers at Cosimo's in Poughkeepsie from 5 to 7 pm.

Thursday, April 28th - Dining Out for Life

Eat and drink at participating restaurants, with a portion of your bill benefiting ARCS.

Wednesday, May 4th - Walk Pre-Registration for Dutchess/Putnam Counties

Babycakes Cafe in Poughkeepsie hosts our first pre-registration party from 7-11 pm. DJ Prephab spins the beats.

Thursday, May 5th - Walk Pre-Registration for Orange/Sullivan/Ulster Counties

We return to Gunk Haus in Clintondale for our second AIDS Walk pre-registration party from 5-9 pm. DJ Prephab plays loungey vibes with free pretzel treats at the bar!

Saturday, May 7th - Hudson Valley AIDS Walk

We rise above AIDS on the Walkway Over the Hudson from 10 am to 2 pm, with an after-party at Orient in Poughkeepsie.

Thursday, June 2nd - 2nd Annual Swanky Soiree

"Mad Men" fans and design aficionados rejoice! We return to this stylish 60's pad in Armonk for a springtime cocktail party.

Thursday, June 30th - ARCS Night with the Hudson Valley Renegades

Enjoy a family-friendly night of local baseball while supporting ARCS.

Our Donors...Thank You!

Fiscal Year Ended October 31, 2010

We apologize in advance for accidental omissions or errors.
Please contact J. Dewey at (914) 785-8326 to report any concerns.

\$10,000 and up

Dyson Foundation
IBM Employee Charitable
Contribution Campaign

\$2,500 - \$9,999

Anonymous
Broadway Cares/
Equity Fights AIDS, Inc.
Charles A. Frueauff
Foundation, Inc.
Community Foundation of
Dutchess County
Cross Valley Health & Medicine
Entergy
Nordstrom
Westchester Coalition for the
Hungry & Homeless

\$1,000 - \$2,499

Peter Bellanaca
Ecco III Enterprises, Inc.
Gerald Gisondi
Brian Price
The Sloman Foundation

\$500 - \$999

Barbara Bennet
Chill Wine Bar
Church of the Messiah
Stephan Hengst &
Patrick Decker
James Marks
N & S Fuel, Inc.
Patterson Rotary
Steve Schunk & Doug Rackow
Sedore & Company, CPAs
Women's Association
Woodstock Chimes Fund

\$250 - \$499

Darron Andress & Joel Sasser
Syril Burn
Douglas Coates &
Julio Vazquez
Frank Di Giovanni &
Michael Thomas
Joanne Dondero &
Sandra Rovira
Ecco III Enterprises, Inc.
Employees
Cathy Gervino
Marilynn Glasser &
Marianne Proctor
DJ Kornell
Barry Kramer & John
Crittenden
Jeff & Jo Ann Kraus
Thomas Lalla, Jr.

Eugene & Eleanor Litwak
Kent McIngvale
Matt Pearson
Steven & Carol Pressman
Audrey Rabinowitz & Jeff Turkel
JoAnna Romano &
Franzescia Gottlieb
Andy & Carl Rotans
Mariano & Catherine Scalisi
Edward Schebilski &
Michael Vales
Gary Skidmore
Trumans New Paltz
Peter & Deb Weir

\$100 - \$249

A-1 Medical Transportation
David Abramson &
Heidi Koch Abramson
Michael Aiello &
Robert Witkowski
Didi Barrett
Lori Beer
Andrew Bell & Brad Chenoweth
David & Debbie Berrios
Marianne Berry
Michael Block
Dina Braun
Paul Callagy &
Carolyn Foster Palmer
CC Foundation
Edward Cheetham
Rob Conlon
Brandon Dawson
Peter De Lisi, D.D.S.
Anthony DiMauro
Dining Out For Life International
Cort Engelken &
Lorraine Chouinard
Jolinda Fiore
The First Unitarian Society
of Westchester
Marcia Frahman
Jillian Gibson
Mark & Nancy Giordano
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John & Laurie Johnson
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Thomas Kane
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Mid-Hudson Valley Federal
Credit Union
Millman's T-Shirt Factory
John Panzella
PEPSICO Foundation Matching
Gifts Program
Andrew Richter
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Michael Turner
United Way of Rockland
County, Inc. SEFA
United Way of Westchester &
Putnam, Inc.
Marisa Verdi
Anastazja Zveloff

In-Kind Donations

92.1 Lite FM
Africa Inland Mission, Intl.
Alpha Kappa Alpha Sorority
American Laser Centers
Arlington Wine & Liquor
Betty Alvarez
Babycakes Café
Bella Capelli Spa
Vincent Bellucco
BigGayHudsonValley.com
Big Girl Baking
Bittersweet
Bob Brink
Bull & Buddha
Glenn Burns
Morry Campbell
Zelesther Cay & Chris Scholl
Terry Christopher
Clarkson's Appliances
Clear Channel
Communications, Inc.
Bill Cole
Completely Bare Spa
Culinary Institute of
America GSA
Culinary Institute of America
Graduating Class
Crumb Bakery
Crush Fitness
Diane Dann
Delafield's Restaurant
J. Dewey
Christopher Emerson

Fat Franco's Pizza
Fischer & Williams
Photographic Studios
Gerald Gates
Greenwich Medical Spa
Hands On Massage & Wellness
Betsy Ho
Cole Hudson
Hudson Valley Renegades
Interfaith Caring Community
Nick Iversen
Hillary Johnson
Lauber Imports
Myra Levine-Harris
Stewart Lewis
Sandi Lieb-Geiger
Darcy Lyons
MAC Cosmetics
Andrew Mandolene &
Todd Goddard
Manhattan Beer Distributors
Maryknoll Sisters of St.
Dominic, Inc.
John Martin
Kevin McElhinney
Peter & Theresa McHugh
Patrick McKenna & Jim Svetz
Lucile Middleton
Tom Moran
Paul Mule
Nestle Waters/Poland Spring
Momoko Ohashi
Markus Payne
Harry Paynter
Pepsico
The Phantom Company, LP
The Poughkeepsie Grand Hotel
Prephab
Anton Richards
River City Films
The River Rose
Selah Salon
Shadows on the Hudson
Richard Skipper
St. Bartholemews Episcopal
Church
St. Frances AME Zion Church
Joanne Starkman &
Frank Mancini
Superior Sounds
Michelle Taylor
Torches on the Hudson
Toys for Tots
Tri-Vin Imports
Trixie Starr
Jamie Villarie
Sunil & Junhai Wadhwa
Jeffrey Wilgus
Wolfe DVD & Video
Woodlands Community Temple

Statement of Activities

Fiscal Year Ended October 31, 2010

Mid-Hudson Valley AIDS Task Force, Inc.

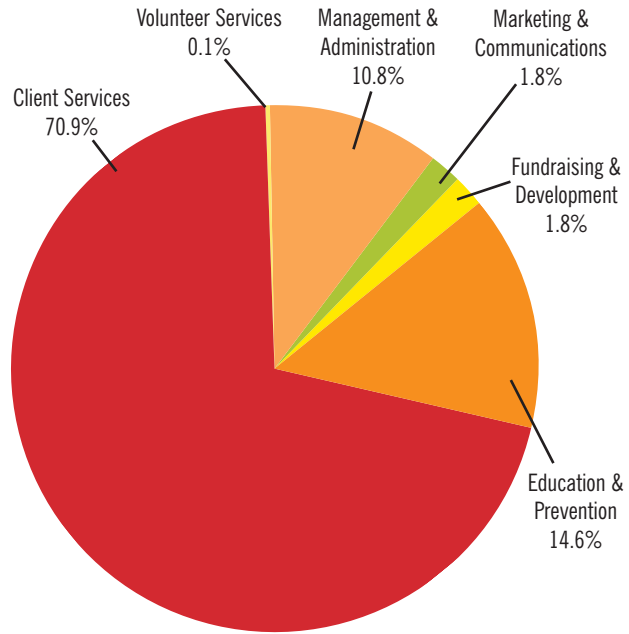
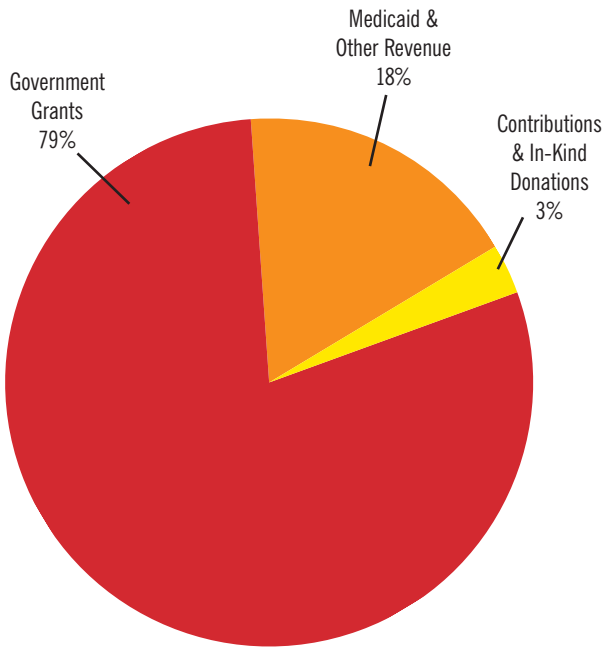
Support & Revenue

Contributions & In-Kind Donations	\$ 188,074
Government Grants	4,535,377
Medicaid & Other Revenue	997,555
TOTAL	5,721,006

Expenses

Education & Prevention	\$ 811,725
Client & Support Services	3,948,542
Volunteer Services	6,284
Management & Administration	600,243
Marketing & Communications	99,517
Fundraising & Development	102,661

TOTAL 5,568,972



Government Grants & Contracts

Emergency Food & Shelter Program

Health Research Incorporated

New York State Department of Health
AIDS Institute

Ryan White CARE Act Funds as administered by:

- Dutchess County Department of Health
- New York State Department of Health AIDS Institute
- Westchester County Department of Health

ARCS' Programs at a Glance

Client Services

Case Management | Transportation | Prison Services

Support Groups | THRIVES Nutrition Program

Medical Benefits Enrollment | Food Closets

Substance Abuse Services | Legal Services

Street Outreach

Education & Prevention

Gay Men's Health Education | HIV Testing

Training Program | Minority Women's Services

The Mosaic Center



40 Saw Mill River Road
Hawthorne, NY 10532

Non-Profit
Organization
U.S. Postage
PAID
Permit No. 2010
White Plains, NY



WALK LOCAL FIRST!

Saturday, May 7, 2011
10:00 am - 2:00 pm
Walkway Over the Hudson
For more info, call (914) 785-8283
or visit www.arcs.org

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Director of Client Services

William Thompson
Director of Finance

AIDS-Related Community Services' mission is to foster prevention and reduce the transmission of HIV and to insure access, equity, and justice for people who are affected by HIV in order to maximize their quality of life.

ARCS Staff

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