

Friends

Helping

Friends

PALS (Peer Alliance for Living Safely) is a program that is all about “Giving Back to Your Community” through peer awareness and the importance of getting tested and encouraging your friends and family to come forth and get tested.

Are you?

- HIV-positive or Negative and at high risk for HIV/STD's.
- A woman between the ages of 18 and 45.
- A Westchester County resident.
- Have a viable way to be reached. (i.e. phone #, email address)
- Willing to refer “Friends” to the program.
- Able to speak and understand English.
- Able to attend an orientation and interview for HIV Testing and awareness.
- Trustworthy.

If you are, then you are just the person we are looking for to become a PAL!

Hey, What's up?

Hey, have you ever been tested?

For what?

For HIV, the virus that causes AIDS

I'm good. I don't need the test. Why are you talking to me about it?

I'm talking to you because you're one of my people and I'm looking out for you. I care about you.

Are you saying you think I have HIV?

No, I'm saying that anyone can get it... but you won't know until you get tested. If you don't look out for yourself, who will? The test is simple. There are no needles and it only takes 20 minutes. Seriously think about it, you don't know what's going on with the people you've had sex with or shared needles with. You don't know what they're doing when they're not with you. And even if you've been safe, getting tested is the only way to know your status for sure.

Now you're getting up in my face and I don't like it. You're acting like a bounty hunter. You're all on my back!



Yeah, I am, but it's because I really care about you. You should care about yourself too. You're cool and I want you to be healthy and live the best you can. If you are HIV-positive, the earlier you know about it, the earlier you can get treatment and the better off you will be. If you're negative, I can help you stay that way. And I will stand by your side.

OK, I'll go with you to be tested.

Where do you want to do it?
I'll make the call.

All right. Since you are my peoples and I got nothing but love for you and I know you care about me, I'll do it. After all we are PALS!

PEER ALLIANCE FOR LIVING SAFELY

PALS

What you need to know about HIV and AIDS

There is still no cure for HIV or AIDS.

Prevention is the best approach.

Sharing needles is as risky as unprotected sex.

It doesn't matter who you are:
everyone is at risk for HIV!



What you need to know about HIV testing

It is Safe.

It is Painless.

It is Confidential.

It is FREE.

It only takes 20 minutes for you to get
your results.



PALS is located at:

Westchester County (Main Office)

40 Saw Mill River Road
Hawthorne, NY 10532
Tel: 914.345.8888
Fax: 914.785.8299

MOSAIC Center

137 South 4th Avenue
Mt. Vernon, NY 10550
Tel: 914.699.1025
Fax: 914.699.1621

Other ARCS Locations

Putnam County	Dutchess County
46 Oscawana Lake Road	235 Main Street
Putnam Valley, NY 10579	Poughkeepsie, NY 12601
Tel: 845.526.1923	Tel: 845.471.0707
Fax: 845.526.1850	Fax: 845.471.0857

Rockland County	Orange County
218 North Main Street	473 Broadway
Spring Valley, NY 10977	Newburgh, NY 12550
Tel: 845.356.0570	Tel: 845.562.1923
Fax: 845.356.0589	Fax: 845.471.0857

Sullivan County	Ulster County
23 Lakewood Avenue	138 Pine Street, Ste. 140
Monticello, NY 12701	Kingston, NY 12401
Tel: 845.791.8871	Tel: 845.339.3281
Fax: 845.791.8872	Fax: 845.339.6195

www.arcs.org



Peer
Alliance for
Living
Safely

